



EMBODIED MASCULINE™

MEN'S WORK INTENSIVE (MWI)

A FOUR MONTH TRANSFORMATIONAL PROGRAM

Space Is Limited To 15 Men. Admission By
Application And Interview Process. Now
Accepting Applications For 2025 Session



A Note from our founder:



"Men come seeking answers on why they keep getting into the same types of relationships with similar outcomes, having issues surrounding money or feeling stuck in their lives. They want to fix or change their outside circumstances in order to feel better on the inside. We change that paradigm perspective in this work. We shift our attention and awareness inward. Before a man can know and claim his purpose, he must burn his attachments which preoccupy his mind and his life. As he does, he will pick up the scent of his inner essence - his higher self - to guide and lead him. He then learns to develop and nurture that inner flame. He stops his conquest to feel free from the burdens of his circumstances and finds nourishment through his connection to the Divine. He stops falling in love with the gifts and starts falling in love with the Giver."

— Amir Khalighi - Founder of Embodied Masculine

The 8 Intentions Of The MWI Program:

- 1.To be a catalyst of TRANSFORMATION in men's lives
- 2.To cultivate a deeper CONNECTION to one's highest self & the natural world
- 3.To bring clarity of PURPOSE
- 4.To empower and SUPPORT men through a journey of deep introspection
- 5.To free men of their attachments
- 6.INSPIRE men to bring their GIFTS and offering world
- 7.To provide a safe container of ACCOUNTABILITY
- 8.To cultivate a deeper capacity for men to live in their POWER





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WHAT TO EXPECT

- More clarity of PURPOSE, CONFIDENCE, and capacity to offer your gifts to the world
- To cultivate a deeper CONNECTION to the most authentic essence of self and the Divine
- To develop daily PRACTICES that will serve you in your life
- Lifelong BROTHERHOOD with men who will go into deep waters with you during this program
- Integration of shadow aspects of self (SHADOW-WORK)
- Overcoming LIMITING BELIEFS
- SUPPORT & ACCOUNTABILITY in falling into deep INTEGRITY in the way you live
- DEEPEN your masculine container, consciousness, and nervous system to hold the masculine pole better
- Become more receptive to receiving deeper NOURISHMENT from the Feminine
- LEAD more powerfully in your intimate relationship(s)
- CREATE polarity in your intimate relationship dynamic and break unhealthy dynamics
- Break habitual patterns of DEPENDENCY
- To receive FEEDBACK from strong, loving men who want nothing from you but your growth and success.
- Shed what no longer serves you to CREATE SPACE to call forth what does
- A shift in PERSPECTIVE and approach in being with uncomfortable circumstances without collapsing
- Learn to Sheppard your own EMOTIONAL body
- Learn to hold, process, generate, integrate, and create with your ENERGY
- Learn various spiritual practices to cultivate more depth and PRESENCE in your life
- FREEDOM from behaviors not in alignment with your spiritual evolution and emotional growth, such as addictions to porn, substances, approval, food, and other forms of self-sabotage
- Get in touch with a POWER that will guide and empower your life
- Stop living from a place of fear and START LIVING from a place of being rooted in Source
- A TRANSFORMATIVE 5-day/ 4-night initiation retreat in the Sacred Valley of Peru



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"This was one of the most profound experiences of my life. A space where I felt completely safe to be me—safe to cry, to scream, to acknowledge parts of myself that had long been neglected. It was a space where giving and receiving love from another man felt not only natural but deeply healing. Life-long bonds were formed. Healing happened and lives—including mine—were changed forever. My eyes were opened to a deeper way existing, a peace that I didn't even know I was searching for. I am forever grateful for this experience, and for the new family I found within it."



Jason D.



Freddy O

"I had shut my heart off—trying to numb the ache inside with booze, drugs, and women. But I came to understand that, through all the hardship, my pain had forged something powerful within me. I discovered that I could connect to a divine life source. And when I finally listened to that sacred energy and fully surrendered to it, I found something I had never known before: peace and serenity. MWI is a path that brings you back to your authentic self. The work is demanding—at times excruciating—but if you stay the course, if you commit fully, you'll uncover your true purpose and emerge a changed man."



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FOUR MONTH PROGRAM INCLUDES

- ✓ Live Video Group Calls: (9) two-hour video conference calls with Amir Khalighi and the leadership team consist of teachings, assignments, and practices designed to take you deep into the self-introspective work necessary for this transformation. The program is a complete pattern interrupt, putting you on a trajectory towards true transformation. The program is designed to help you shed what no longer serves you so you can step fully into what does.
- ✓ Group Coaching: (4) 90 min. group coaching conference calls will be provided during this 4-month container. You can bring any challenges to these calls for reflection and support
- ✓ Small Group Support & Accountability: You will be part of a small group supported by an MWI initiate to help you navigate and get the most out of the program.
- ✓ Accountability Partners: From the start of the program, your first line of support and accountability will be a man you will walk this path with. Incredible relationships and friendships await.
- ✓ Private Session: (1) private 1:1 session with Amir
- ✓ Free Access To The Men's Embodiment Circle Gatherings: Held every Wednesday night from 6 PM PT to 8 PM PT between Jan. 02, 2026, to Apr. 28, 2026
- ✓ Initiation Retreat Deep In the Heart of Mother Nature: A 4-day/3-night initiation retreat in the heart of Mother Nature. Lodging & food are included. Travel not included. The location will be announced on or before March. 01, 2026)
- ✓ Support, Camaraderie & Accountability: You will receive support and honest feedback from men in your group, your partner, accountability, assistants, & Amir surrounding purpose, intimacy, relationships, and this deep introspective work.
- ✓ Lifelong Practices & Brotherhood: You will pick up spiritual and embodiment practices to support your journey into stepping into the most powerful version of yourself and bond with men who will be in your heart and life beyond this 4-month container.



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WHAT DOES THE INITIATION ENTAIL?

In the months leading up to the private initiation retreat, you will undergo comprehensive training aimed at enhancing your physical, emotional, and spiritual well-being. This preparation will equip you for the immersive experience awaiting you. Once at the retreat, we will convene amidst the serene embrace of nature, engaging in a series of practices designed to deepen our connection to ourselves and the world around us, from the break of dawn until dusk. Throughout our time together, we will savor nourishing farm-to-table meals and culminate our journey with a profound initiation ceremony on the final night.

This ceremony is an intensely personal affair, intentionally crafted to forge a profound connection with your innermost self, fostering a sense of unity with the divine essence of existence—be it referred to as the Great Mother, Nature, Higher Self, or any other term resonant with your beliefs. Through this experience, you will find yourself intricately woven into the fabric of the universe, touched on a cellular level by the transcendent power of spiritual communion.





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"I have been through a big shift in my life when this program started and with the support of my brothers I went even deeper and took decisions for my life that I couldn't imagine happening before. I feel free, grounded and connected. I feel much more confident for my life and anything that is coming up for me. Among all the communities I've known, this brotherhood stands out for its unwavering support and deep integrity."



Ali M.



Johnnie P

"No words are sufficient to do justice to Amir Khalighi's intuitive guidance, wisdom and powerful shamanic practices which he has built upon over decades of assisting men to step into their power and take control of their lives.

If you are fortunate enough to be invited to join one of Embodied Masculine's MWI Containers, jump at the opportunity. It is a game changing, transformative journey, where the results are tangible not only within yourself, but to those close to you. You are welcomed into a brotherhood of men, who unconditionally will always be there for you."



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TENTATIVE SCHEDULE

Conference Calls

- Kick-Off Call: Friday, January 02, 2026 (9 a.m - 12 p.m PT)
- Call #1: Sunday, January 04, 2026 (9 a.m - 12 p.m PT)
- Call #2: Sunday, January 18, 2026 (9 a.m - 12 p.m PT)
- Call #3: Sunday, February 01, 2026 (9 a.m - 12 p.m PT)
- Call #4: Sunday, February 15, 2026 (9 a.m - 12 p.m PT)
- Call #5: Sunday, March 01, 2026 (9 a.m - 12 p.m PT)
- Call #6: Sunday, March 15, 2026 (9 a.m - 12 p.m PT)
- Call #7: Sunday, March 29, 2026 (9 a.m - 12 p.m PT)
- Call #8: Sunday, April 12, 2026 (9 a.m - 12 p.m PT)



Group Coaching Calls

- Call #1: Tuesday, January 13, 2026 (10 a.m - 11:30 a.m PT)
- Call #2: Tuesday, February 10, 2026 (10 a.m - 11:30 a.m PT)
- Call #3: Tuesday, March 10, 2026 (10 a.m - 11:30 a.m PT)
- Call #4: Tuesday, April 07, 2026 (10 a.m - 11:30 a.m PT)

Initiation Retreat

- Retreat Preparation Call: Friday, April 3, 2026 (6:00 p.m. - 7:30 p.m. PT)
- Initiation Retreat: April 09-12, 2026 (Location: Sheffield, MA)





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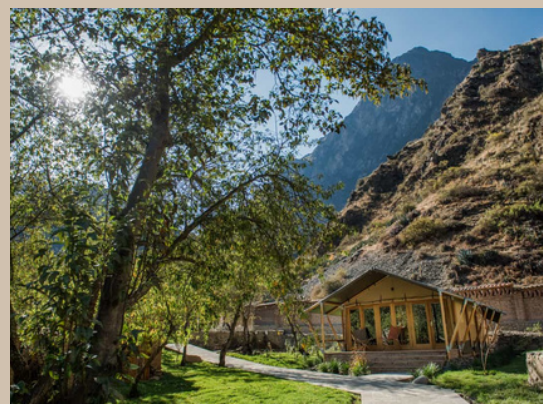
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THE RETREAT

The MWI Retreat emerges as the pinnacle of an intensive four-month journey of deep self-introspective men's work, intentionally nestled somewhere in the heart of Nature (2026 location TBD within the continental USA).

This retreat represents more than a mere gathering; it's the culmination of a profound inward journey, where each participant has delved deep into the layers of their being, confronting and embracing the complexities of their true essence. Set against the backdrop of nature's untouched beauty, the MWI Retreat offers a space where silence speaks volumes, and the natural world becomes a mirror reflecting the inner landscapes of the soul. Here, in the embrace of the wilderness, participants will fall into deep practice, share farm-to-table meals, and find the serenity and rawness needed to fully engage with the introspective work they've embarked upon, turning insights into lived experience and fostering a deep, resonant connection with their own essence and the elemental forces of the natural world. Your lodging and food are covered in the cost of attending this retreat, but your transportation to the retreat location is not.





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ALUMNI SHARE THEIR EXPERIENCE



WATCH WHAT
MWI ALUMNI
HAVE TO SAY

3 STEPS PROCESS FOR CONSIDERATION

1

SUBMIT
APPLICATION

2

BE INVITE TO
INTERVIEW

3

PAY TUITION

Please note only 15 slots are available, and numerous applications. Admission is not guaranteed for all applicants. All new applicants must undergo an application and interview process. To maximize your chances of acceptance, we encourage you to apply early. Selection criteria for participants include readiness, willingness, openness, and commitment to engage in deep, introspective work designed for massive transformation.

You may be invited to an interview based on your application. We expect more applicants for entry into the MWI program than the available 15 spots. Not all applicants may gain entry into this program. All applicants will have to go through an application / casual interview process. If you are interested in this program you have the highest chance of gaining entry by applying early. The men in this program are selected based on their readiness, willingness for change, openness and commitment in diving deep into this level of introspective work.

THE TUITION

1

TUTION PAYMENT IN FULL

\$5550.00

2

PAYMENT OPTION 1

**3 MONTHLY PAYMENTS
OF \$1980.00**

3

PAYMENT OPTION 2

**6 MONTHLY PAYMENTS
OF \$1117.00**

Room & board at the retreat location plus meals are included in the cost of this program. Travel costs are not included. Free access to Embodied Masculine's weekly embodiment circle gatherings during the session period.

One full scholarship (The Sellis Scholarship) is available for this program.

To apply, email mwi@embodiedmasculine.com with the subject line: "MWI 2026 Sellis Scholarship." Only men invited to the program may apply for a scholarship if needed.

One partial scholarship (The Wisner Scholarship) is available for this program. To apply, email mwi@embodiedmasculine.com

with the subject line: "MWI 2026 Wisner Scholarship." Only men invited to the program may apply for a scholarship if needed.

Please note: If you've previously received a scholarship for an Embodied Masculine event or course, you are not eligible to apply.